

How to golf

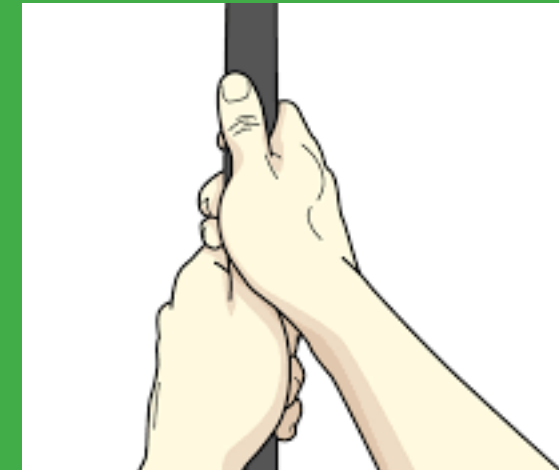
by Anthony Powell



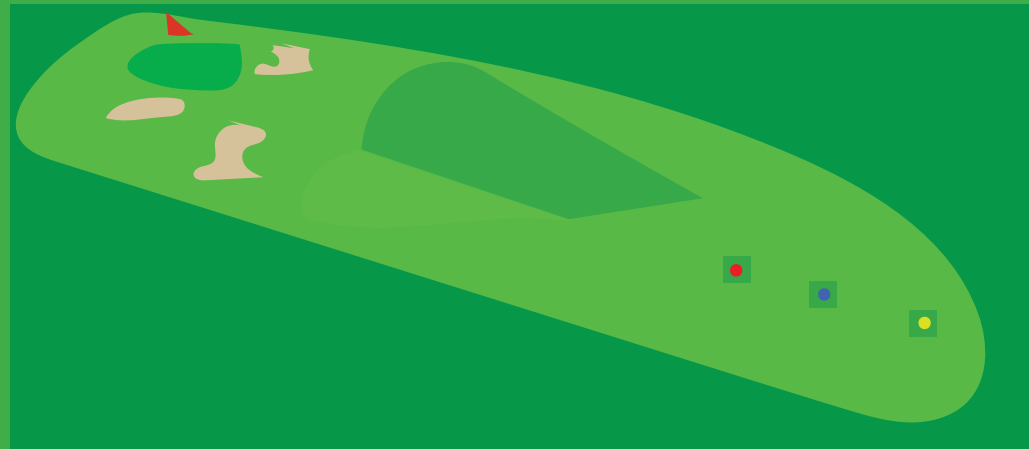
The golf grip is one of the most important fundamentals of the golf game



Many golfers' right hand sits so the palm is near the side of the grip, facing the target. The palm of your right hand should rest on top of the thumb of your left hand. The 'v' formed by your thumb and index finger should point to your right ear.



After you figure out how to grip the club you want to start practicing your short game.



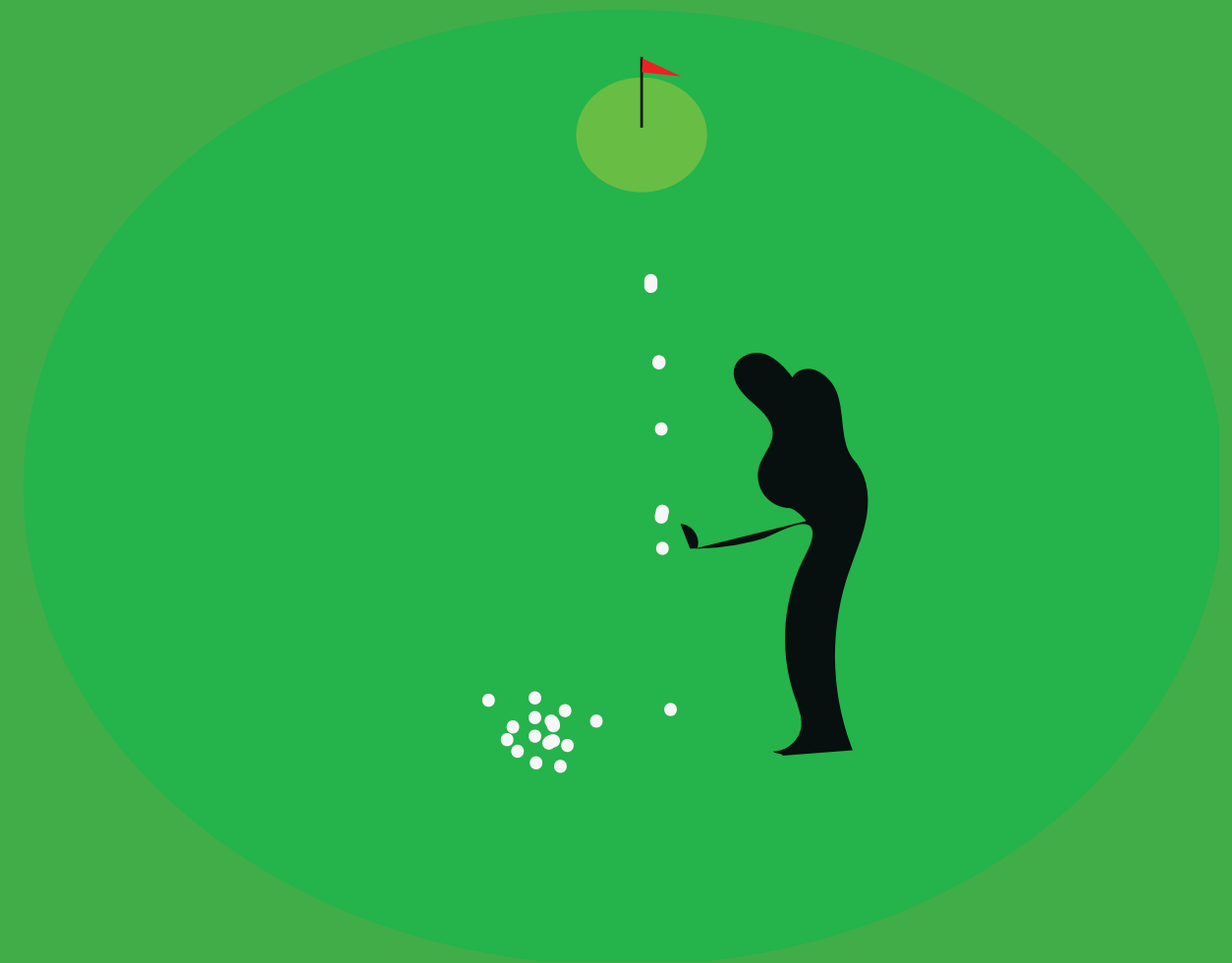
The first thing that you want to start to practice in the short game is putting.



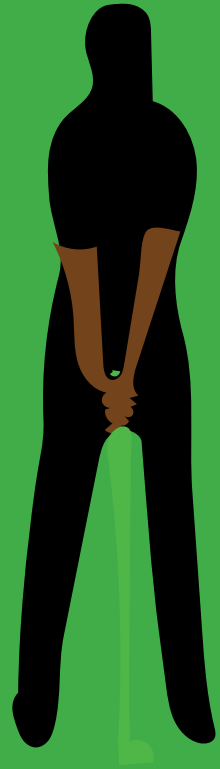
Putting is the most important aspect of the game, if you do not practice putting more than any other clubs you will only be an average golfer.



After you have mastered your putting you will then begin the second part of the short game which is called chipping.



Next we are going to get into an iron swing. What you want to do first is have your feet shoulder width apart.



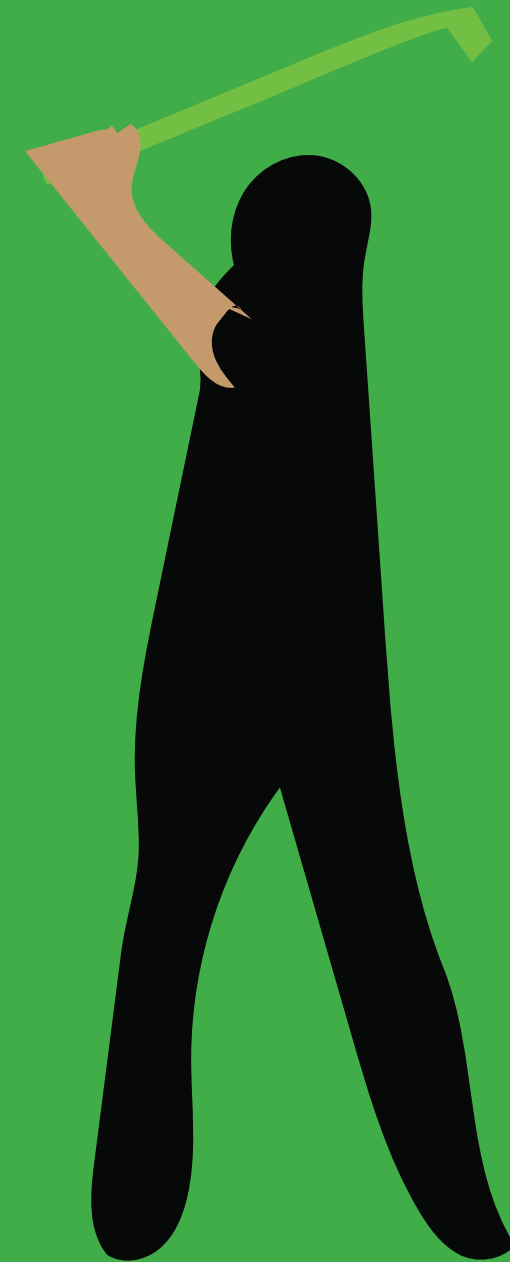
Secondly, you are going to take the club back slowly having your left shoulder move slightly back.



A straight left arm is ideal at the top of the backswing, Although a slight bend also is acceptable, especially if you tend to cast the club or are unable to turn fully.



During the backswing, your goal should be to shift your weight to your rear foot, as opposed to hanging over the front.



Lag creates more swing speed by allowing the clubhead to reach the bottom of the swing arc at the right moment and helps with consistent ball striking, which will result in more distance and consistency.



During the downswing you want to slide your hips laterally toward the flag making sure you get a full hip rotation through impact.



To achieve the most power at impact with the driver is , the palm of your right hand should be square to the target and your left leg should be fully straight. This will help assure the club face will be completely square for maximum impact



Your hands, arms, legs and hips need to come through the shot together or you won't consistently hit your drives as well as you should.

